unlocking potential

## ABAS'-3

## Adaptive Behavior Assessment System Third Edition

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## Directions

The Adaptive Behavior Assessment System, Third Edition, measures important behaviors an individual displays at home, school, work, and in other settings. The behaviors included on this questionnaire range from those suitable for adolescents to those suitable for adults. Some items may seem too easy while others may seem too difficult. Therefore, the individual you are rating is likely to perform some but not all behaviors included on this questionnaire.

## Please read and answer all items.

Please read each item carefully and rate the individual's performance of the behavior. Select only one response ( $0,1,2$, or 3 ) according to the guidelines below. Please provide a response to every item, even if some items do not seem to apply to the individual's age group or are difficult to rate.

## Record your answer by circling $0,1,2$, or 3.

If you know that the individual is unable to perform the behavior, circle 0 on the rating scale.
O Is not able to do this behavior
If you know that the individual is able to perform the behavior, rate how often he or she performs the behavior when needed without reminders and without help.

1 Never (or almost never)
2 Sometimes
3 Always (or almost always)
Please circle only one rating of $0,1,2$, or 3 for each item.

## Indicate when your answer is a guess or estimate.

You may not have seen the individual perform the specific behavior described in an item. If this is the case, you may guess if you know how the individual performs similar behaviors. If your rating is based on a guess, first circle $0,1,2$, or 3 , then check the box in the "Check only if you guessed" column.

Check the box in this column only if your rating is based on a guess or estimate.

## The following examples show how to complete the questionnaire.

BEHAVIOR RATINGS

|  | BEHAVIOR RATINGS |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | Ability | Frequency |  |  |  |
|  | Is not able | Never (or almost never) when needed | Sometimes when needed | Always (or almost always) when needed |  |
| 4. Uses sentences with a noun and verb. | 0 | 1 | 2 | (3) | $\square$ |
| 5. Names 20 or more familiar objects. | 0 | 1 | (2) | 3 | $\nabla$ |
| 6. States his or her home address, including zip code. | 0 | (1) | 2 | 3 | $\square$ |
| 7. Gives verbal instructions to others that involve two or more steps or activities. | (0) | 1 | 2 | 3 | $\square$ |

- Item $\mathbf{4}$ is rated $\mathbf{3}$ because this individual always (or almost always) uses sentences with a noun and verb, when needed, without reminders and without help.
- Item $\mathbf{5}$ is rated $\mathbf{2}$ because this individual sometimes names 20 or more familiar objects. In this case, the rater also checked the box in the "Check only if you guessed" column because their response was a guess or estimate.
- Item 6 is rated 1 because, although this individual is able to state his or her home address, including zip code, he or she never (or almost never) does so when needed.
- Item $\mathbf{7}$ is rated $\mathbf{O}$ because this individual is not able to give verbal instructions that involve two or more steps or activities.

The following table is provided to further assist you in filling out this questionnaire.

| Rating | The individual: |
| :---: | :---: |
| 0 <br> Is not able | - cannot perform the behavior; <br> - is too young to have tried the behavior; <br> - does not have the skill to perform the behavior; <br> - has not been taught to perform the behavior; or <br> - has some limitation that prevents performing the behavior. |
| 1Never(or almost never) <br> when needed | is able to perform the behavior, but <br> - never or almost never does it when needed; <br> - never or almost never does it without being reminded; <br> - another person does it for the individual instead of the individual doing it; or <br> - refuses to perform the behavior. |
| $2$ <br> Sometimes when needed | is able to perform the behavior, but <br> - only does it sometimes when needed; <br> - sometimes does it without help, but sometimes needs help; or <br> - sometimes does it on his or her own, but sometimes needs to be reminded. |
| 3Always <br> (or almost always) <br> when needed | is able to perform the behavior, and <br> - does it most or all of the time without help and without being reminded; or <br> - displayed the behavior at a younger age but has now outgrown it. |

## Check ONLY if you GUESSED

After you rate an item $0,1,2$, or 3 , fill in the square in this column if:

- your rating was a guess or estimate;
- you have not had the opportunity to see the individual perform this behavior; or
- you have seen the individual perform similar behaviors, but not this one.

BEHAVIOR RATINGS

## Communication

1. Says the names of other people (for example, "Mama," "Daddy," or names of friends).
2. Says "Hello" and "Good-bye" to others.
3. Answers the telephone by saying "Hello."
4. Uses sentences with a noun and verb.
5. Names 20 or more familiar objects.
6. States his or her home address, including zip code.
7. Gives verbal instructions to others that involve two or more steps or activities.
8. Speaks clearly and distinctly.
9. States his or her telephone number.
10. Shakes head or says "Yes" or "No" in response to a simple question (for example, "Do you want something to drink?").
11. Looks at other people's faces when they are talking to him or her.
12. Says irregular plural nouns correctly (for example, says "feet" instead of "foots" and "men" instead of "mans").
13. Nods or smiles to encourage others when they are talking.
14. Tells family, friends, or others about his or her favorite activities.
15. Listens closely for at least 5 minutes when people talk.
16. Uses up-to-date information to discuss current events.
17. Starts conversations on topics of interest to others.
18. Answers complex questions that require careful thought and opinion (for example, questions about politics or current events).
19. Distinguishes truthful from exaggerated claims by friends, advertisers, or others.
20. Repeats stories or jokes correctly after hearing them from others.
21. Talks with others about complex topics for at least 10 minutes (for example, about politics or current events).
22. Waits for others to finish what they are saying, without interrupting.
23. Participates in conversations without talking too much or too little.
24. Talks about realistic future educational or career goals.
25. Explains the terms of a legal document to others (for example, a contract to buy a house or rent a car).


BEHAVIOR RATINGS

## Community Use

1. Finds the restroom in public places.
2. Finds a specific area in a store or business (for example, dairy aisle in a store or customer service department in a bank).
3. Looks both ways before crossing a street or parking lot.
4. Orders own meals when eating out.
5. Carries personal identification when traveling to nearby places in the community.
6. Relies on himself or herself for travel in the community (for example, walks or uses public transportation, a bicycle, or a car).
7. Carries enough money to make small purchases (for example, a soft drink).
8. States the general address of a travel destination (for example, "On Washington Avenue, near Lake Street").
9. Recognizes when a store item is poorly made or too expensive.
10. Asks a store clerk for help if an item cannot be found.
11. Tells others about a store's hours of operation (for example, "10 a.m. to 9 p.m.").
12. Follows another person's directions to nearby places.
13. Uses a credit or debit card for making purchases.
14. Makes appointments by telephone, mobile device, or Internet.
15. Uses paper or digital maps to find his or her way to desired locations.
16. Obtains money from an ATM.
17. Before buying an item in a store, gives careful thought to the need for it and its cost.
18. Calls a repairperson when needed (for example, if the air conditioner or heater stops working).
19. Is responsible for his or her personal finances, such as bank account, credit card, or utility bill.
20. Asks other people's advice on where to shop.
21. Uses the school library, public library, or Internet to get books or reference materials.
22. Shops for friends or family who may be unable to shop.
23. Uses printed or Internet resources to obtain information before making major purchases (for example, cars, appliances, computers).
24. Walks or rides bike alone to locations within a 1-mile or 5-block radius of home or work.

FOR EXAMINER USE ONLY
Raw total


BEHAVIOR RATINGS

## Functional Academics

1. Writes or prints his or her first and last name.
2. States the days of the week in order.
3. Reads his or her name when printed.
4. Writes his or her address, including zip code.
5. Reads menus at restaurants.
6. Gives a clerk the necessary amount of money when buying items.
7. Reads and obeys common signs (for example, Do Not Enter, Exit, Stop).
8. Locates telephone numbers using a phone book or the Internet.
9. Locates important dates on a calendar (for example, birthdays or holidays).
10. Weighs self or objects correctly using a scale.
11. Finds names and telephone numbers for repair services or businesses using a phone book or the Internet.
12. Reads and follows a daily classroom or work schedule, without needing to be reminded by another person.
13. Records dates and times for appointments and deadlines.
14. Measures length and height.
15. Writes and sends letters, personal notes, or emails.
16. Checks for correct change after buying an item.
17. Uses lists and reminders to remember important things.
18. Completes written forms to apply for jobs.
19. Completes forms for businesses or services (for example, to obtain a lease).
20. Checks the accuracy of charges before paying a bill.
21. Reads important documents (for example, credit card applications or rental agreements).
22. Budgets money to cover expenses for at least 1 week.
23. Reads labels before purchasing products for important information about size, weight, and directions for use.
24. Checks bank or other financial statements at least monthly to be sure they are correct.

| FOR EXAMINER USE ONLY | Raw total |
| :--- | ---: |
|  | 72 |

BEHAVIOR RATINGS


| Health and Safety | Frequency |  |  | $\begin{gathered} \text { Check } \\ \text { ONLY if you } \\ \text { GUESSED } \end{gathered}$ |
| :---: | :---: | :---: | :---: | :---: |
|  | Never (or almost never) when needed | Sometimes when needed | $\begin{gathered} \text { Always (or } \\ \text { almost always) } \\ \text { when needed } \end{gathered}$ |  |
| 1. Uses electrical outlets or sockets safely. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 2. Shows caution around hot or dangerous items. |  |  |  |  |
| 3. Carries breakable objects safely and carefully. |  |  |  |  |
| 4. Displays safe behaviors at work or other public places. |  |  |  |  |
| 5. Buckles own seat belt in a car. |  |  |  |  |
| 6. Cares for own minor injuries (for example, paper cuts, knee scrapes, nosebleeds). | - |  |  |  |
| 7. Swallows liquid medicines as needed. |  |  |  |  |
| 8. Carries scissors safely. |  |  |  |  |
| 9. Follows general safety rules at home. | $\bigcirc$ | $\bigcirc$ |  |  |
| 10. Uses tools and equipment safely. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 11. Refuses gifts and rides from strangers. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 12. Obeys requests from other people only if he or she knows and trusts them. | $\bigcirc$ | $\bigcirc$ |  |  |
| 13. Avoids people who might take advantage of him or her (for example, for money or sex). | C | $\bigcirc$ | O |  |
| 14. Takes medications without supervision on days and at times prescribed. |  |  |  |  |
| 15. Buys over-the-counter medications when needed for illness. |  | $\bigcirc$ |  |  |
| 16. Reads labels on his or her medications to make sure they have not expired. |  | $\bigcirc$ |  |  |
| 17. Takes temperature with a thermometer when feeling sick. |  | $0$ |  |  |
| 18. Inspects contents of refrigerator and removes food that is spoiled or whose expiration date has passed. |  | $\bigcirc$ |  |  |
| 19. Makes his or her own appointments to see a physician for annual checkups. |  |  |  |  |
| 20. Plans meals in order to get necessary nutrition. | $\bigcirc$ | $\bigcirc$ |  |  |
| FOR EXAMINER USE ONLY Raw total |  |  | $/ 60$ |  |
|  |  | Total | guessed |  |

BEHAVIOR RATINGS

## Leisure

1. Waits for his or her turn in games and other fun activities.
2. Follows the rules in games and other fun activities.
3. Selects television programs or uses the Internet to keep up with an area of interest (for example, sports, music, nature).

| Ability | Frequency |  |  |  |
| :---: | :---: | :---: | :---: | :---: |
| Is not able | Never (or almost never) when needed | Sometimes when needed | Always (or almost always) when needed | Check ONLY if yo GUESSED |
| $\bigcirc$ | $\bigcirc$ | $0$ | $0$ |  |
| $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |  |
| $\bigcirc$ | $\bigcirc$ |  |  |  |
|  |  |  | $\Omega$ |  |
|  | $\bigcirc$ | $\bigcirc$ |  |  | concert).

9. Attends fun activities at another's home.
10. Tells others when he or she needs free time to relax alone.
11. Plays alone with games or does other fun activities.
12. Initiates games or selects television programs liked by friends or family members.
13. Plans ahead for fun activities on free days or afternoons.
14. Plans ahead for extended leisure activities during breaks or vacations.
15. Tries a new activity to learn about something new.
16. Organizes a game or other fun activity for a group of friends without help from others.
17. Invites others home for a fun activity.
18. Makes travel arrangements for self and others.
19. Reserves tickets in advance for activities such as concerts or sports events.
20. Has a hobby or creative activity that requires making or building something (for example, sewing, carpentry, gardening).
21. Joins an organized group without help from another person (for example, a club, sports team, or musical group).
22. Participates in an organized program for a sport or hobby (for example, practices basketball or takes a music class).

23. Listens to music for fun and relaxation.
24. Plays with games or other fun items with others.
25. Invites others to join him or her in playing games and other fun activities.
26. Engages in a variety of fun activities instead of only one or two.
27. Attends fun community activities with others (for example, a movie or
28. Attends fun activities at another's home.
. Plans ahead for extended leisure activities during breaks or vacations.

| FOR EXAMINER USE ONLY | Raw total |
| :--- | ---: |
|  | Total guessed |

BEHAVIOR RATINGS

## Self-Care

1. Puts shoes on the correct feet.
2. Buttons own clothing.
3. Uses a fork to eat solid food.
4. Uses restroom at home without help.
5. Closes and locks the door before using public restrooms.
6. Fastens and straightens clothing before leaving restroom.
7. Dresses himself or herself.
8. Washes hands with both soap and water.
9. Uses public restroom alone.
10. Blows and wipes nose with tissue or handkerchief.
11. Combines hot and cold water for a shower or bath.
12. Ties his or her own shoes.
13. Selects correct clothes for cold or warm days.
14. Brushes teeth before leaving for work or appointments.
15. Cuts or files his or her own fingernails and toenails regularly.
16. Selects appropriate clothes for different occasions (for example, casual activities or formal events).
17. Bathes daily.
18. Keeps hair neat during the day by brushing or combing.
19. Cuts meats or other foods into bite-size pieces with a knife.
20. Eats a variety of foods instead of preferring only one or two.
21. Gets out of bed on time by himself or herself.
22. Wears a variety of clothes, instead of the same or similar clothes most days.
23. Obtains haircuts regularly on his or her own.
24. Washes and rinses sink after brushing teeth.
25. Avoids unhealthy foods and drinks.
26. Exercises or works out at least 2 hours weekly.

| FOR EXAMINER USE ONLY | Raw total |  |
| :--- | ---: | ---: |

## Self-Direction

1. Works on one home or school activity for at least 15 minutes without reminders.
2. Works independently and asks for help only when necessary.
3. Personally calls work or other places if absent.
4. Avoids situations at home or in the neighborhood that are likely to result in trouble.
5. Resists pressure from others to do things that could endanger him or her.
6. Stops a fun activity, without complaining, when time is up.
7. Stands still when needed, without fidgeting or moving around.
8. Controls disappointment when a favorite activity is canceled.
9. Controls anger when another person breaks the rules in games and other fun activities.
10. Completes routine household tasks within a reasonable amount of time.
11. Returns on time when asked to be back in 1 hour.
12. Saves money to buy something special (for example, a birthday present or special clothes).
13. Refuses when another person asks him or her to do something foolish.
14. Routinely arrives at places on time.
15. Keeps working on hard tasks without becoming discouraged, quitting, or needing reminders.
16. Controls temper when disagreeing with friends.
17. Avoids behavior that could embarrass or bring shame to self or family.
18. When leaving home, informs others of destination and return time.
19. Controls feelings when not getting his or her own way.
20. Plans home projects in logical steps.
21. Makes important decisions only after careful consideration, without rushing.
22. Calls family or others when he or she will be late (for example, in returning home, attending a social event, or arriving for an appointment).
23. Plans ahead to allow enough time to complete big projects.
24. Limits time playing computer games or other nonproductive activities.
25. Completes large home projects on time.

| FOR EXAMINER USE ONLY | Raw total |  |
| :--- | ---: | :---: |
|  |  | Total guessed |

## Social

1. Says "Thank you" when given a gift.
2. Has one or more friends
3. Stands a comfortable distance from others during conversations (not too close).
4. Laughs in response to funny comments or jokes.
5. Moves out of the way of other people as needed on sidewalks, in store aisles, or in hallways.
6. Congratulates others when something good happens to them.
7. Shows respect for persons in authority by following their rules and directions (for example, parents, teachers, police officers).
8. Shows sympathy for others when they are sad or upset.
9. Listens to friends or family members who need to talk about problems.
10. Recognizes when someone is making an unreasonable request.
11. Places reasonable demands on friends (for example, does not become upset when a friend goes out with another friend).
12. Keeps a stable group of friends.
13. Says "Please" when asking for something.
14. Has good relationships with family members.
15. Avoids friends and social settings that may be harmful or dangerous.
16. Offers guests food or beverages.
17. Shows good judgment in selecting friends.
18. Seeks friendships with others in his or her age group.
19. States when others seem happy, sad, scared, or angry.
20. Refrains from saying or doing things that might embarrass or hurt others.
21. Personally makes or buys gifts for family members on birthdays or major holidays.
22. Tries to please others by doing something special or giving them a surprise.
23. Selects specific locations for social activities with friends (for example, restaurants or movie theaters).
24. Says when he or she feels happy, sad, scared, or angry.
25. Sends thank-you notes or emails after receiving a gift or help with an important task.

| FOR EXAMINER USE ONLY | Raw total | 75 |
| ---: | ---: | ---: |

BEHAVIOR RATINGS

## Work

| Complete this skill area if the individual being rated holds a part-time or full-time job. | Is not able | Never (or almost never) when needed | Sometimes when needed | Always (or almost always) when needed | ONLY if you GUESSED |
| :---: | :---: | :---: | :---: | :---: | :---: |
| 1. Behaves safely at work so that no one will be harmed. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 2. Cares properly for work supplies and equipment. | $\bigcirc$ | $\bigcirc$ | 0 | $\bigcirc$ |  |
| 3. Follows daily work schedule without reminders from supervisor. | $\bigcirc$ | $\cong$ |  | $\bigcirc$ |  |
| 4. Returns to work willingly after taking a break or lunch. |  | $\circlearrowright$ |  | $\bigcirc$ |  |
| 5. Performs tasks at work neatly. | $\bigcirc$ | $\bigcirc$ |  | $\bigcirc$ |  |
| 6. Follows supervisor's instructions when completing tasks or activities. |  | $\circlearrowleft$ | $\bigcirc$ | $\cup$ |  |
| 7. Refuses when a coworker encourages him or her to do shoddy or unsafe work. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 8. Cleans up area after completing work. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $C$ |  |
| 9. Is productive and cooperative as part of groups or teams. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 10. Completes work assignments within required time limits. | $\circlearrowleft$ | $\bigcirc$ |  |  |  |
| 11. Works quietly, without disturbing coworkers. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |  |
| 12. Asks for directions, as needed, before beginning work tasks. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |  |
| 13. Finds full-time or part-time jobs for himself or herself. |  | $\circlearrowleft$ |  |  |  |
| 14. Organizes tasks at work so that the most important are completed first. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |  |
| 15. Takes the time needed to do a task well, without rushing. |  |  |  |  |  |
| 16. Checks own work to determine if improvements are needed. | $\bigcirc$ | $0$ |  | $\bigcirc$ |  |
| 17. Keeps working efficiently and accurately, even with loud noises or distractions. | $\bigcirc$ | $\bigcirc$ |  | $\bigcirc$ |  |
| 18. Performs extra work on the job willingly. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 19. Seeks help from supervisor, as needed, when work-related problems or questions arise. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 20. Shows a positive attitude toward job. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 21. Keeps a stable part-time or full-time job for at least 1 year. |  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 22. Verifies wages to ensure that he or she is receiving the proper amount. |  | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 23. Makes suggestions to supervisors (for example, how to have a safer or more productive workplace). | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| 24. Trains and supervises others in the workplace. | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ | $\bigcirc$ |  |
| FOR EXAMINER USE ONLY | total |  |  | $/ 72$ |  |
|  |  |  | Total | guessed |  |

## Thank you for completing the ABAS-3.

Please return this questionnaire to the examiner.

